

P.E. at Crofton Hammond Infant School



Curriculum/Scheme

In Early Years, the children learn how to negotiate space and obstacles safely, with **respect** for themselves and others; demonstrate strength, balance and coordination when playing; move energetically e.g. running, jumping, dancing, hopping, skipping and climbing. Content is cohort specific, following the **curiosity** of the children but always focuses on the environment around them. Children are working towards the ELG 'Physical development', which also encompasses elements of fine motor skills for writing.



In KS1 at Crofton Hammond, the children receive all National Curriculum content through their P.E. lessons, where the fundamental movement skills are taught alongside ABC (agility, balance and coordination) and children engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations which helps build their **resilience** in competitive activities.



Gymnastics: The children learn to travel in a variety of ways, learn the 7 basic gymnastic shapes, use equipment safely and correctly and are supported with inversion e.g. forward rolls, handstands and cartwheels.

Multi-Skills: The children focus on agility, balance and coordination skills, applying these to a range of competitive games and activities

Yoga: The children are taught the importance of exercise for mental health and wellbeing, using story based routines which introduce them to a range of yoga moves created especially for children

Ball Skills: The children practise their throwing, catching, running, kicking and hand-eye coordination skills via a range of sports based sessions including hockey, football, bench ball and cricket

Dance: The children are taught to respond to music, following, innovating and finally creating their own dance routines, using simple movement patterns

Athletics: The children will develop their fundamental movement skills during a range of activities which also enhance their agility, balance and coordination e.g. sprint, long distance running and long jump

Invasion Games: The children take part in a variety of team games, developing simple tactics for attacking and defending

Assessment

The children in Early Years are assessed through observation during continuous and enhanced provision and they use Tapestry to record evidence of children meeting the ELG 'Physical Development'.

In KS1, the children are assessed at the end of each topic, to establish whether they have mastered basic movements including running, jumping, throwing and catching, whether they have developed their balance, agility and co-ordination, and whether they can begin to apply these in a range of activities. Assessment also establishes whether they can participate in team games, developing simple tactics for attacking and defending and whether they can perform dances using simple movement patterns



Hammond Heart – Safeguarding our Children

The children are taught the importance of physical safety in every P.E. lesson, including how to warm-up, cool down, use equipment correctly. They are also taught that physical activity is a lifelong necessity for both physical health and mental health and wellbeing.

Social, Moral, Spiritual and Cultural Development

The children find a sense of enjoyment in regular exercise and physical development. They work cooperatively in partners, small groups and as a class to complete activities and games and this improves their ability to recognise, and value, the things we share in common across cultural, religious, ethnic and socio-economic communities



Home Links

Parents are invited to school sports day annually to watch both competitive and fun based activities. They are also invited to spectate at all interschool competitions, which are held termly in Year 2. The children are encouraged to share news and successes from external sports clubs in class which can include certificates, medals, badges, trophies and clips of events.

Linked P4C Concepts

Examples include; fair, same/different, cooperation, life, wellbeing, competition, **curiosity**, **resilience**, **respect**.

