



# **Emotional Cycle of Deployment**

Did you know there are seven different stages in the Emotional Cycle of Deployment?

Children and families go through a multitude of emotions during deployments and children can present with a range of different behaviours...it's completely normal! If you would like to know more about the emotions that are commonly felt during each stage and the behaviours that you might see, come and join us for our training session and coffee morning.

This will be helpful for anybody who experiences separation, whether that is a deployment or working away during the week. There will be suggestions of things you might find useful to try as a family during each stage, as well as information about how we can support your child at school. Siblings are welcome to attend.

Please email [r.halbauer@croftonhammond-inf.hants.sch.uk](mailto:r.halbauer@croftonhammond-inf.hants.sch.uk) if you would like to attend.

**Wednesday 17th April**  
**9-10am at Crofton Hammond Infant School**