

Good morning everyone

We have just received some updated government guidance relating to travel and quarantine, which I wanted to share with you as I know some of you are planning trips abroad over the next few weeks. The guidance is as follows:

### **Travel and quarantine**

*All travellers arriving into the UK will need to isolate and get a PCR test by day two after arrival. They may end their isolation once they receive a negative result. If the test is positive, they should continue to isolate and follow rules on isolation following a positive test. Unvaccinated arrivals aged over 18 will follow the existing, more onerous, testing and isolation regime. All Red list arrivals will enter quarantine.*

### **Tracing close contacts and isolation**

*All individuals who have been identified as a close contact of a suspected or confirmed case of the Omicron variant of COVID-19, irrespective of vaccination status and age, will be contacted directly and required to self-isolate immediately and asked to book a PCR test. They will be informed by the local health protection team or NHS Test and Trace if they fall into this category and will be provided with details about self-isolation.*

This will impact on those of you arriving back from travel abroad and may mean additional days off school, which we appreciate you will not have planned for and which will therefore be classed as an 'exceptional circumstance'. If you need to chat this through please give us a call.

Take care everyone

With love from Jacky